

## How to use the *Model Standards for Out-of-School Time/After-School Programs in Michigan Self-Assessment Checklist*

This document was developed as a companion to the *Model Standards for Out-of-School Time/After-School Programs in Michigan* (Model Standards) which were adopted by the Michigan State Board of Education in August 2008 and endorsed by the Michigan After-School Partnership and the Michigan After-School Association. The **Self-Assessment Checklist** will assist schools and other organizations in developing high-quality, comprehensive out-of-school time programs. The standards are based on research concerning quality programs for school-age children.

A set of critical components for out-of-school time programs is presented in the Model Standards document as six distinct areas for which quality standards have been established. These components are:

- Health, Safety, and Nutrition;
- Human Relationships and Staffing;
- Indoor and Outdoor Environment;
- Program and Activities;
- Administration; and
- Single-Purpose Programs.

This document may be used as a guide to developing and evaluating out-of-school time programs for children in kindergarten through eighth grade. While not targeted for programs serving high school students, many of these standards may be applicable to these programs as well. The Model Standards are voluntary for all programs, except those programs specifically mandated by their funding. The Model Standards indicate very high-quality. This Self-Assessment Checklist is recommended, along with other research-based assessment tools for program monitoring and self-assessment [i.e., Youth Program Quality Assessment (YPQA), Afterschool Program Assessment System (APAS), Quality Assurance System (QAS)].

## Rating the Quality of Your Program

It is recommended that programs use a team approach when conducting the self-assessment. Greater strides will be made when all involved parties contribute to the process and help shape a program's goals. The process below describes the procedure that can be used by an entire after-school staff to conduct a program self-assessment. Professionals are encouraged to adapt the same process to include participating youth, families and community partners.

Participants of this program self-assessment process should individually rate the content and management of the program based on the frequency with which the program achieves higher levels of quality as described in each of the Model Standards and indicators.

- The sections below each standard are indicators of how that Model Standard may be seen in an after-school program. Not all indicators will be present in each program.
- The Comment/Evidence rows allow space to include examples of how that particular standard is observed at the program. Notes in the Comments sections will help describe what was observed and support the rating that is selected.

- Use the following scale to determine the rating and frequency of the standards and indicators within the program:
  - o "Mastered" is checked if the indicator describing the Model Standard is present consistently at a high level of quality.
  - "In Place" is checked if the indicator is present some of the time, but may not be consistent across all program components or not followed consistently.
  - "Planned" is checked if the indicator is not currently present, but plans to include this component to increase program quality will be developed.
  - o "N/A" is checked only in instances of program components that do not apply based on the type of program that is being rated (only those components not shaded may be rated as "N/A").

## Using a Team Approach to Program Quality Self-Assessment and Goal Setting

A Program Leader or Site Director can facilitate this process by:

- Engaging all program staff in the launch of the self-assessment process, emphasizing the value of program quality improvement.
- Distributing the *Model Standards for Out-of-School Time/After-School Programs in Michigan* and the **Self-Assessment Checklist** to all program staff; ensuring that staff review and become familiar with them in advance.
- Allotting each staff member the necessary time to complete an individual self-assessment for all Model Standards to the best of their knowledge and experiences.
- Convening program staff as a group to discuss their individual observations, agreeing on a group consensus rating, and deciding on the top priorities for quality improvement.
- Creating a program-wide **Self-Assessment Checklist** that reflects the staff's agreement on ratings and consensus of priorities for improvement.
- Developing program goals within a Quality Action Plan (QAP).
- Monitoring the QAP and its timelines to ensure progress is being made on schedule.
- Celebrating your team's successes in meeting your own program's goals for improvement!

| Ι.  | Health, Safety, and Nutrition   | Rating  |          |          |        | Qua          | Plan      |              |  |  |
|-----|---|---------|----------|----------|--------|--------------|-----------|--------------|--|--|
|     |   | Planned | In Place | Mastered | N/A    | Right<br>Now | This Year | Next<br>Year |  |  |
| A.  | The physical and emotional health, safety, youth are protected.   | and     | secur    | ity of   | all ch | ildren       | and       |              |  |  |
|     | In school buildings, safety and health standards required during the school day are continued in the OST program.                                     |         |          |          |        |              |           |              |  |  |
|     | Health and safety regulations follow those of Licensing Rules for Child Care Centers of school-age.   |         |          |          |        |              |           |              |  |  |
|     | Children are supervised at all times, including arrival and departure.  |         |          |          |        |              |           |              |  |  |
|     | A system is in place to prevent unauthorized individuals from taking children from the program.   |         |          |          |        |              |           |              |  |  |
|     | Staff plan for different levels of supervision according to the level of risk involved in an activity.  |         |          |          |        |              |           |              |  |  |
|     | Staff build trusting relationships with youth that provide physical and emotional security.   |         |          |          |        |              |           |              |  |  |
|     | Equipment and facilities are checked daily and maintained in a safe fashion.  |         |          |          |        |              |           |              |  |  |
|     | Programming facilitates a variety of physical and nutritional activities that meet the needs of all children/youth.                                   |         |          |          |        |              |           |              |  |  |
| Cor | nments/Evidence: Written policies and a training system are   | in pla  | ace fo   | r eme    | ergend | cies.        |           |              |  |  |
|     | Staff members are trained in accident prevention and in plans for emergencies.  |         |          |          |        |              |           |              |  |  |
|     | Plans are written and posted prominently.  Staff members are trained in emergency practices and regular reviews of emergency plans are conducted.     |         |          |          |        |              |           |              |  |  |
|     | Contingency plans for emergencies, including closings, are communicated to families of students upon enrollment.                                      |         |          |          |        |              |           |              |  |  |
|     | A procedure for emergency communication with families (e.g., phone trees, e-mail and web postings, cell phone usage) is established and communicated. |         |          |          |        |              |           |              |  |  |
|     | A phone is available at all times.  |         |          |          |        |              |           |              |  |  |
|     | Emergency family and medical contact information is maintained in the program and available to program staff at all times.                            |         |          |          |        |              |           |              |  |  |
| Cor | nments/Evidence:  |         |          |          |        |              |           |              |  |  |
|     |   |         |          |          |        |              |           |              |  |  |

| 1.  | Health, Safety, and Nutrition (cont.)  | Rating  |          |          |        | Qua          | uality Action<br>Plan |              |  |  |
|-----|--|---------|----------|----------|--------|--------------|-----------------------|--------------|--|--|
|     |  | Planned | In Place | Mastered | N/A    | Right<br>Now | This Year             | Next<br>Year |  |  |
| C.  | Staff members are all trained to handle en   | nerge   | ncies.   |          |        |              |                       | •            |  |  |
|     | Within three months of beginning to work in the program, each adult program staff member shall hold valid certification in CPR and basic first aid as issued by the American Red Cross, American Heart Association, or a comparable organization. Training is updated to remain current. |         |          |          |        |              |                       |              |  |  |
|     | There is always an individual onsite who has current first aid training, CPR, and blood borne pathogen training.   |         |          |          |        |              |                       |              |  |  |
| Cor | mments/Evidence:   |         |          |          |        |              |                       |              |  |  |
| D.  | Positive policies and procedures ensure th   | e hea   | Ith of   | all cl   | hildre | n and        | staff                 | •            |  |  |
|     | The environment is clean, and appropriate sanitation, disinfecting, and maintenance procedures are followed.   |         |          |          |        |              |                       |              |  |  |
|     | Sick children and adults do not attend the program.  |         |          |          |        |              |                       |              |  |  |
|     | The spread of illness is contained by proper hand washing procedures and other hygiene practices.  |         |          |          |        |              |                       |              |  |  |
| Cor | mments/Evidence:   |         |          |          |        |              |                       |              |  |  |
| E.  | Appropriate transportation rules are follow  | ved.    | 1        | 1        |        | 1            |                       | •            |  |  |
|     | Transportation provided to students follows regulations in the Revised School Code for transporting students to and from school.   |         |          |          |        |              |                       |              |  |  |
|     | Field trip transportation is arranged with the knowledge and consent of parents, and follows transportation rules required for school field trips or as required by child day care licensing for licensed programs.  |         |          |          |        |              |                       |              |  |  |
|     | Public Transportation is utilized in the manner approved in the Revised School Code or in Licensing Rules for Child Care Centers.  |         |          |          |        |              |                       |              |  |  |
| Cor | nments/Evidence:   |         |          |          |        |              |                       |              |  |  |

| I.  | Health, Safety, and Nutrition (cont.)  |          |           | Qua      | lity Ad<br>Plan | ction        |           |              |
|-----|--|----------|-----------|----------|-----------------|--------------|-----------|--------------|
|     |  | Planned  | In Place  | Mastered | N/A             | Right<br>Now | This Year | Next<br>Year |
| F.  | Proper procedures for the administration individual medical procedures are development.  |          | handling  | of m     | edica           | ation a      | and       |              |
|     | Procedures are written, implemented and distributed in program handbooks to staff and parents.   | •        |           |          |                 |              |           |              |
| Cor | nments/Evidence:   |          |           |          |                 |              |           |              |
| G.  | The program serves food and drinks th  | nat meet | t the nee | ds of    | all cl          | hildre       | n.        |              |
|     | After-school programs serve a minimum of one snack if children attend fewer than 2½ hours. Students who attend longer programs receive nutritional components commensurate with the time spent in the program, including either an additional snack or meal. |          |           |          |                 |              |           |              |
|     | Nutrition requirements are the same as those that apply to the MDE, Child and Adult Care Food Program.   |          |           |          |                 |              |           |              |
|     | Deprivation of food is never used as a punishment.   |          |           |          |                 |              |           |              |
|     | The program serves healthy foods and drinks.   |          |           |          |                 |              |           |              |
|     | The amount and type of food offered is appropriate for the ages and sizes of children.   |          |           |          |                 |              |           |              |
|     | Drinking water is readily available at all times.  |          |           |          |                 |              |           |              |
|     | Children's special nutritional needs are accommodated.   |          |           |          |                 |              |           |              |
| Cor | mments/Evidence:   |          |           |          |                 |              |           |              |
| Н.  | Food is stored and prepared safely.  |          |           |          |                 |              |           |              |
|     | Food storage and preparation standards are maintained as required by Child Care Licensing Rule R400.5902.  |          |           |          |                 |              |           |              |
|     | Appliances for heating and cooling food are maintained in a safe manner.   |          |           |          |                 |              |           |              |
| Cor | nments/Evidence:   |          |           |          |                 |              |           |              |

| 11. | Human Relationships and<br>Staffing  |                     | Rating               |                | Qua              | lity Ad<br>Plan | ction     |              |
|-----|--|---------------------|----------------------|----------------|------------------|-----------------|-----------|--------------|
|     |  | Planned             | In Place             | Mastered       | N/A              | Right<br>Now    | This Year | Next<br>Year |
| A.  | Adult/Child Relationships  1. Are authentic, consistent and posit  2. Establish primary relationships  | ive                 |                      |                |                  |                 |           |              |
|     | Staff treat all children respectfully, positively, and warmly.   |                     |                      |                |                  |                 |           |              |
|     | Children appear to be comfortable and happy in the program.  |                     |                      |                |                  |                 |           |              |
|     | Staff give attention to children and their individual needs, special interests, and abilities.   |                     |                      |                |                  |                 |           |              |
|     | Availability and longevity with the organization supports youth/staff relationships.   |                     |                      |                |                  |                 |           |              |
| Cor | nments/Evidence:   |                     |                      |                |                  |                 |           |              |
| В.  | Child management is handled with car   | e and re            | espect, fo           | ocusi          | ng on            | prev            | entio     | n            |
|     | and using methodology, which promot children included in the Revised School  | es posit            | ive self-            | estee          | m. S             | afegu           | ıards     | for          |
|     | Staff members are kind, fair, and caring to all children.  |                     |                      |                |                  |                 |           |              |
|     | Staff set appropriate, realistic limits that are consistently enforced.  |                     |                      |                |                  |                 |           |              |
|     | Staff model and encourage communication, cooperation, and conflict resolution.   |                     |                      |                |                  |                 |           |              |
|     | Corporal punishment is not allowed.  |                     |                      |                |                  |                 |           |              |
|     | nments/Evidence:   |                     |                      |                |                  |                 |           |              |
| C.  | Staff to child ratios and group size are<br>helpful, and caring relationships can b<br>children in the program and the staff.<br>are maintained consistently; high qual  | e establ<br>Require | ished an<br>ed minim | id ma<br>ium s | intair<br>taff t | ned b           | etwe      | en           |
|     | Adequate numbers of qualified staff are hired, trained, and on-site.   |                     |                      |                |                  |                 |           |              |
|     | At least two adult staff members are present in the program at all times when children are present. Adult staff members are individuals who are 18 years of age or older. A high school student who is 17 and in the final year of a high school career preparation program in child care may count as an adult. |                     |                      |                |                  |                 |           |              |

| 11. | Human Relationships and Staffing (cont.)   |         | Rating   |          | Qua   | lity Ac<br>Plan | tion      |              |
|-----|--|---------|----------|----------|-------|-----------------|-----------|--------------|
|     |  | Planned | In Place | Mastered | N/A   | Right<br>Now    | This Year | Next<br>Year |
|     | Groups of children do not exceed 30 in order to maintain a high quality program. A group consists of those children and their program staff members who function as a unit for activities.                                   |         |          |          |       |                 |           |              |
|     | <ul> <li>Minimum ratios:</li> <li>For children school-age up to 12 years of age, there shall be one caregiver to 18 children or a fraction thereof, including children who are related to the staff and licensee.</li> </ul> |         |          |          |       |                 |           |              |
|     | <ul> <li>High quality ratios:</li> <li>Grades K to 3—one adult for ten children.</li> <li>Grades 4 to 8—one adult for 15 children.</li> </ul>  |         |          |          |       |                 |           |              |
|     | Mixed-age groups follow the ratio requirement for the youngest children in the group.  |         |          |          |       |                 |           |              |
|     | Sufficient staffing is available to meet<br>minimum ratios in all locations when<br>groups are split between indoor and<br>outdoor or separate activity areas.   |         |          |          |       |                 |           |              |
| Cor | nments/Evidence:   |         |          |          |       |                 |           |              |
| D.  | Staff (program staff and administrativ relationships focused on the goals of t   |         |          | open     | and   | suppo           | rtive     | !            |
|     | Staff members communicate and cooperate with each other consistently.  |         |          |          |       |                 |           |              |
|     | Staff members support each other through shared planning, coordination, and flexibility.   |         |          |          |       |                 |           |              |
|     | Staff members treat each other with respect and tolerance.   |         |          |          |       |                 |           |              |
| Cor | nments/Evidence:   |         |          |          |       |                 |           |              |
| E.  | Staff composition and relationships wi reflect sensitivity to diversity and gene   |         |          | nd the   | child | dren r          | egula     | arly         |
|     | The program policy prefers employment of staff members who reflect the languages, cultures, and genders of the children and families served.   | ,       |          |          |       |                 |           |              |
|     | Staff training is provided in diversity.   |         |          |          |       |                 |           |              |
|     | Staff members are sensitive to culture and gender.   |         |          |          |       |                 |           |              |
|     | Staff members are sensitive to individual children's special needs and abilities.  |         |          |          |       |                 |           |              |
| Cor | nments/Evidence:   | •       |          |          |       |                 |           |              |

| 11. | Human Relationships and Staffing (cont.)   |           | Rating    |          |         | Qua          | lity Ad<br>Plan | suois        |  |  |  |
|-----|--|-----------|-----------|----------|---------|--------------|-----------------|--------------|--|--|--|
|     |  | Planned   | In Place  | Mastered | N/A     | Right<br>Now | This Year       | Next<br>Year |  |  |  |
| F.  | Policies and standards are developed a for each position, including written job hiring staff.  |           |           |          |         | -            |                 | ions         |  |  |  |
|     | A written job description is available for each position in the OST program, which includes the title and qualifications needed, job duties, and salary/benefit range. |           |           |          |         |              |                 |              |  |  |  |
|     | The plan for staff selection includes checking references.   |           |           |          |         |              |                 |              |  |  |  |
| Cor | nments/Evidence:   | <u>I</u>  | <u> </u>  | 1        |         | I.           | 1               | l            |  |  |  |
|     |  |           |           |          |         |              |                 |              |  |  |  |
| G.  | A written plan for recruitment, orienta  | tion an   | d retent  | ion of   | f ctaff | fie de       | volo            | nod          |  |  |  |
| G.  | and implemented.   | ition, an | a reterri | ion o    | Stair   | i is uc      | veio            | beu          |  |  |  |
|     | The written plan for recruitment,  |           |           |          |         |              |                 |              |  |  |  |
|     | orientation and retention of paid,   |           |           |          |         |              |                 |              |  |  |  |
|     | volunteer, and community staff is  |           |           |          |         |              |                 |              |  |  |  |
|     | consistent and used by administrators for implementation and decision-making.  |           |           |          |         |              |                 |              |  |  |  |
|     | The plan is considered by board  |           |           |          |         |              |                 |              |  |  |  |
|     | members and administrators in budget   |           |           |          |         |              |                 |              |  |  |  |
|     | development.   |           |           |          |         |              |                 |              |  |  |  |
|     | New staff participate in eight or more   |           |           |          |         |              |                 |              |  |  |  |
|     | hours of preservice orientation activities,  |           |           |          |         |              |                 |              |  |  |  |
|     | and preservice orientation activities  |           |           |          |         |              |                 |              |  |  |  |
| Cor | include elements of youth development. nments/Evidence:  |           |           |          |         |              |                 |              |  |  |  |
| COI | illiterits/Eviderice.  |           |           |          |         |              |                 |              |  |  |  |
|     |  |           |           |          |         |              |                 |              |  |  |  |
| Н.  | Each site has an adult site supervisor   | or direct | tor with  | decis    | ion-m   | nakin        | g               |              |  |  |  |
|     | responsibilities.  | I         |           | 1        |         | 1            | 1               | 1            |  |  |  |
|     | The site supervisor/director is at least 21  |           |           |          |         |              |                 |              |  |  |  |
|     | years of age; have earned a high school diploma or GED; have current   |           |           |          |         |              |                 |              |  |  |  |
|     | certification in infant, child, and adult  |           |           |          |         |              |                 |              |  |  |  |
|     | cardiopulmonary resuscitation (CPR) and  |           |           |          |         |              |                 |              |  |  |  |
|     | first aid; and completes 12 clock hours of   |           |           |          |         |              |                 |              |  |  |  |
|     | annual training on topics referenced in  |           |           |          |         |              |                 |              |  |  |  |
|     | the Licensing Rules for Child Care   |           |           |          |         |              |                 |              |  |  |  |
|     |  |           |           |          |         |              |                 |              |  |  |  |
|     |  |           |           |          |         |              |                 |              |  |  |  |
|     | Centers R 400.5102(3)(b), in addition to CPR, first aid, and blood borne pathogen training.  |           |           |          |         |              |                 |              |  |  |  |

| 11. | Human Relationships and Staffing (cont.)   |          | Rating                                | J          |        | Quality Action<br>Plan |           |              |
|-----|--|----------|---------------------------------------|------------|--------|------------------------|-----------|--------------|
|     |  | Planned  | In Place                              | Mastered   | N/A    | Right<br>Now           | This Year | Next<br>Year |
|     | A high quality site supervisor/director is at least 21 years of age and has a bachelor's degree and experiential background including college-level work and/or experience in education, child development/child psychology, recreation, social work, youth development, community organization, or another field relevant to work with students during out-of-school times or possesses the Michigan School-Age Youth Development Credential. |          |                                       |            |        |                        |           |              |
| 0   | The site supervisor/director is available onsite when students are onsite.   |          |                                       |            |        |                        |           |              |
| Coi | mments/Evidence:   |          |                                       |            |        |                        |           |              |
| 1.  | Program staff working directly with st rules for school-age programs.  | udents   | will mee                              | t chile    | d care | e licer                | nsing     |              |
|     | As a minimum, staff shall adhere to the Licensing Rules for Child Care Centers R400.5104.  |          |                                       |            |        |                        |           |              |
|     | High quality staff will possess the Michigan School-Age Youth Development Certification within one year of employment in an after-school program.  |          |                                       |            |        |                        |           |              |
| Cor | mments/Evidence:   |          |                                       |            |        |                        |           |              |
| J.  | A written plan for on-going staff devel This plan must include:  | cal deve | lopment<br>ne;<br>procedu<br>nd repor | ;<br>ires; | ed ar  | nd bu                  | gete      | d.           |
|     | incorporated into the overall staff<br>development plan for the school or<br>agency, is reflected in the budget, and is<br>based on an assessment of the needs of<br>the program and the staff. Staff<br>qualifications, as well as program<br>evaluations, are taken into consideration<br>and are consistently implemented.  |          |                                       |            |        |                        |           |              |

| 11. | Human Relationships and Staffing (cont.)  |          | Rating    |          | Qua   | lity Ad<br>Plan | ction     |              |
|-----|---|----------|-----------|----------|-------|-----------------|-----------|--------------|
|     |   | Planned  | In Place  | Mastered | N/A   | Right<br>Now    | This Year | Next<br>Year |
|     | Within three months of beginning to work in the program, each adult program staff member shall hold valid certification in CPR and basic first aid as issued by the American Red Cross, American Heart Association, or a comparable organization.           |          |           |          |       |                 |           |              |
| Cor | mments/Evidence:  |          |           |          |       |                 |           |              |
| K.  | A written, board-approved compensation  |          |           | oped     | to re | tain            |           |              |
|     | The written, board-approved compensation plan is clearly related to the local market, staff qualifications, program quality, and staff retention. This plan is consistently implemented with short-term and long-term fiscal sustainability plans in place. | ograms.  |           |          |       |                 |           |              |
| Cor | mments/Evidence:  |          | I         |          |       |                 |           |              |
| L.  | All staff who work with children are produtined job duties and are free of crin   |          |           |          | le to | perfo           | rm        |              |
|     | Staff physicals are required prior to employment, and are updated at least every three years.   |          |           |          |       |                 |           |              |
|     | Criminal background checks are required prior to employment as defined by Licensing Rules for Child Care Centers.   |          |           |          |       |                 |           |              |
| Cor | mments/Evidence:  |          |           |          |       |                 |           |              |
| M.  | Staff evaluation is established and use development.  | d for or | ngoing pr | rofess   | siona | l               |           |              |
|     | Each staff member is evaluated semi-<br>annually by the supervisor. Staff<br>evaluations are used to guide decision-<br>making about professional development<br>activities connected to program goals and<br>objectives.                                   |          |           |          |       |                 |           |              |
| Cor | mments/Evidence:  |          |           |          |       |                 |           |              |

| 111 | III. Indoor and Outdoor  |         | Rating    |          |       |              | Quality Action |              |  |
|-----|--|---------|-----------|----------|-------|--------------|----------------|--------------|--|
|     | Environment  |         |           |          |       |              | Plan           |              |  |
|     |  | Planned | In Place  | Mastered | N/A   | Right<br>Now | This Year      | Next<br>Year |  |
| A.  | The indoor environment is established appropriate, stable facility with adequ  |         |           |          |       |              |                |              |  |
|     | program.   |         |           |          |       | ,            |                |              |  |
|     | There is specific space that is safe, clean, and comfortable with enough room (a minimum of 35 square feet per child) for all program activities.  |         |           |          |       |              |                |              |  |
|     | The facility is arranged and furnished for a variety of learning and recreational activities, including space for active and quiet play, homework, and spaces for groups of children, and privacy for individual children. |         |           |          |       |              |                |              |  |
|     | There is adequate space for storage of equipment and materials, as well as personal possessions of children and staff.   |         |           |          |       |              |                |              |  |
|     | Physical environments can be modified to meet the needs of the program offerings and special needs of individuals.   |         |           |          |       |              |                |              |  |
|     | Written guidelines are in place regarding the use and maintenance of program facilities.   |         |           |          |       |              |                |              |  |
|     | The program is creative in meeting space constraints in shared spaces.   |         |           |          |       |              |                |              |  |
|     | mments/Evidence:   |         |           |          |       |              |                |              |  |
| В.  | The outdoor environment is established area for daily outdoor play and sports.   |         | er a safe | and      | age-a | ippro        | priate         | 9            |  |
|     | There is adequate outdoor space available for large motor and sports activities daily.   |         |           |          |       |              |                |              |  |
|     | Children may choose to use a wide variety of outdoor equipment and games for active and quiet play.  |         |           |          |       |              |                |              |  |
|     | The Public Playground Safety Handbook <sup>1</sup> is recommended when applicable.   |         |           |          |       |              |                |              |  |
|     | All outdoor equipment and spaces are suitable for the sizes and abilities of all children and are maintained in a safe manner.   |         |           |          |       |              |                |              |  |
| Cor | mments/Evidence:   |         |           |          |       |              |                |              |  |

Public Playground Safety Handbook – <u>www.cpsc.gov/cpscpub/pubs/325.pdf</u>

| Ш   | . Indoor and Outdoor  | Rating    |           |          |       | Quality Action |           |              |
|-----|---|-----------|-----------|----------|-------|----------------|-----------|--------------|
|     | Environment (cont.)   |           |           |          |       |                | Plan      |              |
|     |   | Planned   | In Place  | Mastered | N/A   | Right<br>Now   | This Year | Next<br>Year |
| C.  | All materials and equipment, both indo                            | or and    | outdoor   | are      | ourch | ased           | and       |              |
|     | maintained to provide learning and pla                            |           |           |          |       | e-app          | ropri     | ate,         |
|     | individually supportive and regularly of                          | ffer mu   | Itiple ch | oices.   |       | I              | l         | l            |
|     | Enough materials and equipment are                                |           |           |          |       |                |           |              |
|     | available to provide for at least three                           |           |           |          |       |                |           |              |
|     | activity spaces per child.  There is a full range of learning and |           |           |          |       |                |           |              |
|     | recreational equipment and materials                              |           |           |          |       |                |           |              |
|     | (sensory, woodworking, art, literacy,                             |           |           |          |       |                |           |              |
|     | recreational materials, technology,                               |           |           |          |       |                |           |              |
|     | science, math, etc.).   |           |           |          |       |                |           |              |
|     | Materials and equipment are available for                         |           |           |          |       |                |           |              |
|     | a variety of choices, individual and group                        |           |           |          |       |                |           |              |
|     | interests, and in good repair.                                    |           |           |          |       |                |           |              |
| Cor | nments/Evidence:  |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |
| D.  | The environment is accessible to child                            | ren and   | families  | with     | disal | oilitie        | s.        |              |
|     | Program is barrier-free and complies with                         |           |           |          |       |                |           |              |
|     | all Americans with Disabilities Act (ADA)                         |           |           |          |       |                |           |              |
|     | regulations. <sup>2</sup>   |           |           |          |       |                |           |              |
| Cor | nments/Evidence:  |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |
| E.  | The environment reflects the diversity                            | represe   | ented in  | the p    | opula | tion           | of the    | •            |
|     | community and gender equity.                                      | T         | 1         | 1        |       | I              | l         | l            |
|     | Décor, materials, and resources reflect                           |           |           |          |       |                |           |              |
|     | family backgrounds and interests of                               |           |           |          |       |                |           |              |
|     | children.   |           |           |          |       |                |           |              |
|     | Materials, photographs, and equipment                             |           |           |          |       |                |           |              |
|     | are representative of a variety of cultures/populations.          |           |           |          |       |                |           |              |
| Cor | nments/Evidence:  |           |           |          |       |                |           |              |
| COI | minerits/ Evidence.   |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |
| F.  | The environment reflects various learn                            | ning styl | les and a | hiliti   | as of | all ch         | ildra     | <u> </u>     |
|     | There is a variety of age-appropriate                             |           | os ana c  |          | 33 01 | an 011         | liai G    | <u> </u>     |
| _   | materials within active and quiet spaces                          |           |           |          |       |                |           |              |
|     | to accommodate all children's learning                            |           |           |          |       |                |           |              |
|     | styles and abilities.   |           |           |          |       |                |           |              |
| Cor | mments/Evidence:  | ı         | 1         |          | ı     |                | 1         | <u> </u>     |
|     |   |           |           |          |       |                |           |              |
|     |   |           |           |          |       |                |           |              |

<sup>&</sup>lt;sup>2</sup> American with Disabilities Act regulations - <u>www.ada.gov</u>

| IV. | Program and Activities   | Rating Quality Ac<br>Plan |          |          |        |              |           | tion         |
|-----|--|---------------------------|----------|----------|--------|--------------|-----------|--------------|
|     |  | Planned                   | In Place | Mastered | N/A    | Right<br>Now | This Year | Next<br>Year |
| A.  | Activities are planned and supported t interests and abilities of the children e school-day activities, especially supple regularly provided during the school d   | enrolled<br>ementing      | and prov | vide s   | uppo   | rt for       | the       | ot           |
| Con | Resources are available and utilized to provide a variety of child-centered activities that increase the opportunities for all children to develop in all areas (social, emotional, intellectual, academic, physical, and cultural).  nments/Evidence: |                           |          |          |        |              |           |              |
| В.  | The comprehensive curriculum addres individual as well as group needs, and   |                           |          |          |        |              |           |              |
|     | Staff members demonstrate awareness of children's individual daily needs and learning styles and plan to accommodate them in daily programming.  |                           |          |          |        |              |           |              |
|     | There is a clear rationale for the activities chosen.  |                           |          |          |        |              |           |              |
|     | Formal processes or structures are in place linking the program to the school day.   |                           |          |          |        |              |           |              |
|     | Activities have educational, social-<br>emotional, physical or life-skills<br>outcomes.  |                           |          |          |        |              |           |              |
| Con | nments/Evidence:   |                           |          |          |        |              |           |              |
| C.  | Materials are of sufficient quantity and ages.   | l type to                 | suppor   | t the    | curric | culum        | for a     | all          |
|     | A minimum of three developmentally appropriate activity choices are available for each child daily. The enriched environment includes a wide variety of multiple materials and equipment, which are available to children.                             |                           |          |          |        |              |           |              |
| Con | nments/Evidence:   |                           |          |          |        |              |           |              |
| D.  | Program development and implementa include significant child choice and inv  |                           |          |          |        | a wa         | y to      |              |
|     | Staff give children many opportunities to choose what they will do, how they will do it, and with whom.  |                           |          |          |        |              |           |              |
|     | Children are included in the planning process.   |                           |          |          |        |              |           |              |
|     | Children are encouraged to offer ideas, take the initiative, and make suggestions.   |                           |          |          |        |              |           |              |
| Con | nments/Evidence:   |                           |          |          |        |              |           |              |

| IV  | . Program and Activities (cont.)   |          | Rating    | J        |        | Qua          | lity Ac<br>Plan | tion         |  |  |
|-----|--|----------|-----------|----------|--------|--------------|-----------------|--------------|--|--|
|     |  | Planned  | In Place  | Mastered | N/A    | Right<br>Now | This Year       | Next<br>Year |  |  |
| E.  | Parents are appropriately involved in t implementation and improvement of the second s | -        | _         | anage    | ment   | , eval       | uatio           | n,           |  |  |
|     | Multiple systems are in place for parents  | le prog  |           |          |        |              |                 |              |  |  |
|     | to be involved and to provide input  |          |           |          |        |              |                 |              |  |  |
|     | regarding policies, procedures,  |          |           |          |        |              |                 |              |  |  |
|     | curriculum, etc.   |          |           |          |        |              |                 |              |  |  |
|     | Multiple systems are in place for  |          |           |          |        |              |                 |              |  |  |
|     | maintaining communication with parents.  |          |           |          |        |              |                 |              |  |  |
|     | Families and community members feel  |          |           |          |        |              |                 |              |  |  |
|     | welcome, respected, and comfortable in the program.  |          |           |          |        |              |                 |              |  |  |
|     | Expectations for adult participation in the  |          |           |          |        |              |                 |              |  |  |
| _   | program are clearly communicated.  |          |           |          |        |              |                 |              |  |  |
| Cor | Comments/Evidence:   |          |           |          |        |              |                 |              |  |  |
|     |  |          |           |          |        |              |                 |              |  |  |
|     |  |          |           |          |        |              |                 |              |  |  |
| F.  | School day and OST activities are linker   | ed in wa | ys that s | suppo    | rt the | acac         | lemic           | ;            |  |  |
|     | development of each individual child.  |          | _         |          |        |              |                 |              |  |  |
|     | OST programming includes   |          |           |          |        |              |                 |              |  |  |
|     | developmentally appropriate academic   |          |           |          |        |              |                 |              |  |  |
|     | support and enrichment activities that   |          |           |          |        |              |                 |              |  |  |
|     | complement the school curriculum.  |          |           |          |        |              |                 |              |  |  |
|     | OST staff members work with individual   |          |           |          |        |              |                 |              |  |  |
|     | teachers and parents to support  |          |           |          |        |              |                 |              |  |  |
|     | children's homework needs.   |          |           |          |        |              |                 |              |  |  |
|     | OST staff members participate in school-wide activities and goals.   |          |           |          |        |              |                 |              |  |  |
| Cor | nments/Evidence:   |          |           |          |        |              |                 |              |  |  |
| 001 | milents/Evidence.  |          |           |          |        |              |                 |              |  |  |
|     |  |          |           |          |        |              |                 |              |  |  |
| G.  | Program collaborates with other youth  | organi   | zations.  | comr     | nunit  | v reso       | ource           |              |  |  |
|     | agencies and schools to meet the need  |          |           |          |        |              |                 |              |  |  |
|     | Establish mechanisms for regular   |          |           |          |        |              |                 |              |  |  |
|     | communication to better coordinate.  |          |           |          |        |              |                 |              |  |  |
|     | Support opportunities for youth.   |          |           |          |        |              |                 |              |  |  |
| Cor | nments/Evidence:   |          | •         |          | •      |              |                 |              |  |  |
|     |  |          |           |          |        |              |                 |              |  |  |
|     |  |          |           |          |        |              |                 |              |  |  |

| IV.                | Program and Activities (cont.)  | Rating Qua |          |          | lity Ad<br>Plan | tion         |           |              |
|--------------------|---|------------|----------|----------|-----------------|--------------|-----------|--------------|
|                    |   | Planned    | In Place | Mastered | N/A             | Right<br>Now | This Year | Next<br>Year |
| H.                 | Staff are educated on the character ed  |            |          | um co    | ompo            | nents        | and       | can          |
|                    | Curriculum planning includes annually at least two or more of the components of character education:  • service learning; • conflict resolution; • asset building; • leadership; • decision-making skills for healthy choices; • peer activities—older with younger; • intergenerational activities; and • peer mediation.  Character education opportunities are | or ogran   | ming.    |          |                 |              |           |              |
|                    | consistent with the Michigan State Board of Education Policy on Quality Character Education. <sup>3</sup>   |            |          |          |                 |              |           |              |
| Comments/Evidence: |   |            |          |          |                 |              |           |              |
| Ι.                 | Computer technology experience, which with both skills and materials, should  |            |          |          |                 | omfo         | rtabl     | е            |
|                    | Computers and age-appropriate software (or access to) are present in the program and used regularly by all participants.  |            |          |          |                 |              |           |              |
|                    | Computer and technology opportunities are consistent with the State of Michigan Educational Technology Plan. <sup>4</sup>   |            |          |          |                 |              |           |              |
| Con                | nments/Evidence:  |            |          |          |                 |              |           |              |
| J.                 | The OST daily schedule provides for re  | gular in   | door/ou  | tdoor    | activ           | vities.      |           |              |
|                    | Each child has a chance for physical activity at least 30 minutes each three-hour block of time.  |            |          |          |                 |              |           |              |
|                    | When weather does not permit outdoor participation, active indoor movement and games are offered.   |            |          |          |                 |              |           |              |
| Con                | nments/Evidence:  |            |          |          |                 |              |           |              |

<sup>&</sup>lt;sup>3</sup> Michigan State Board of Education Policy on Quality Character Education – <a href="http://www.michigan.gov/documents/Character">http://www.michigan.gov/documents/Character</a> policy final 94134 7.pdf

<sup>4</sup> State of Michigan Educational Technology Plan – <a href="https://www.michigan.gov/documents/STP2006\_5-10-">www.michigan.gov/documents/STP2006\_5-10-</a>

<sup>06</sup>c 158945 7.pdf

| V.  | Administration  | Rating  |           |          | Quality Action<br>Plan |              |           |              |
|-----|---|---------|-----------|----------|------------------------|--------------|-----------|--------------|
|     |   | Planned | In Place  | Mastered | N/A                    | Right<br>Now | This Year | Next<br>Year |
| A.  | Prior to developing a new program, a conducted and the results are used in  |         |           | needs    | asse                   | ssme         | nt is     |              |
|     | A needs assessment is administered to prospective parents, school staff, and when appropriate, to children. Program development and implementation is based on the data.                                      |         |           |          |                        |              |           |              |
| Cor | mments/Evidence:  |         |           | <b>!</b> | •                      |              |           |              |
| B.  | Stakeholders, including parents, guard personnel, businesses, service organiz community are identified and involved   | ations, | and other | ers, ir  | the                    | schoo        | ol and    | l            |
|     | OST staff, school staff, students, and members of the community conduct regular meetings to coordinate programming, curriculum, and goals.  |         |           |          |                        |              |           |              |
|     | Ongoing communication and linkages, including formal advisory committees, between and among OST staff, school staff, community members, youth advisory councils, and families are established and encouraged. |         |           |          |                        |              |           |              |
|     | Community goals for children, as identified by the county multipurpose collaborative body, ISD, or municipal entities, are incorporated into the program.   |         |           |          |                        |              |           |              |
|     | Youth and staff share responsibilities for community outreach efforts.  |         |           |          |                        |              |           |              |
| Cor | nments/Evidence:  |         |           |          |                        |              |           |              |
| C.  | The established budget reflects input to a process that is inclusive and compre   |         |           | stak     | ehol                   | ders,        | utiliz    | ing          |
| Cor | The budget development process includes the program director, other school administrative staff, and the district/agency budget staff.  mments/Evidence:  |         | -         |          |                        |              |           |              |
| COI | mmems/Evidence.   |         |           |          |                        |              |           |              |

| V.  | Administration (cont.)  | Rating  |           |          | Quality Action<br>Plan |              |           |              |
|-----|---|---------|-----------|----------|------------------------|--------------|-----------|--------------|
|     |   | Planned | In Place  | Mastered | N/A                    | Right<br>Now | This Year | Next<br>Year |
| D.  | Fund development, revenue, and fisca and implemented to provide for a high  |         |           |          |                        |              | ned f     | or           |
|     | supporting these standards.   | quanty  | , sastani | abic     | progr                  | a            |           |              |
|     | Revenues and expenses are reported and monitored utilizing effective business office procedures. Fees are established to support quality programming. Grant funds, Department of Human Services subsidies, scholarships and donations are used to support program goals.  |         |           |          |                        |              |           |              |
| Cor | mments/Evidence:  |         |           |          |                        |              |           |              |
|     |   |         |           |          |                        |              |           |              |
| E.  | The program has developed a policies and staff.   | and pro | cedures   | hand     | book                   | for p        | arent     | S            |
| Cor | Clear, concise, thorough handbooks are developed, updated regularly, and given to each parent and employee (one for parents and one for staff). The policies and procedures are administered in a consistent and equitable manner and include at least:  • enrollment policies; • adult behavior expectations; • attendance policies (including signin/sign-out procedures); • administration and handling of medications; • emergency contingency plans; and • behavior management procedures. |         |           |          |                        |              |           |              |
| F.  | A system of regular and comprehensivused for on-going program improvement   |         | am evalı  | uatior   | ı is es                | stabli       | shed      | and          |
|     | At least twice a year, staff and parents are given the opportunity to evaluate the program and the results are used for systematic program improvements.  |         |           |          |                        |              |           |              |
| Cor | mments/Evidence:  |         |           |          |                        |              |           |              |

| V.  | Administration (cont.)  | Rating Quality Actio |           |          |       | tion         |           |              |
|-----|---|----------------------|-----------|----------|-------|--------------|-----------|--------------|
|     |   | Planned              | In Place  | Mastered | N/A   | Right<br>Now | This Year | Next<br>Year |
| G.  | Program administration training is in p   | lace for             | site dir  | ector    | s/sup | ervis        | ors.      |              |
| Cor | Professional development is planned for and implemented to include:  • program content;  • program delivery system; and  • methods for working effectively with all children, parents, and staff.  mments/Evidence: |                      |           |          |       |              |           |              |
| Н.  | Youth have an influence on the structu  | ire and              | policy of | the c    | organ | izatio       | n.        |              |
|     | Youth participate with program quality review and plans for improvement.  |                      |           |          |       |              |           |              |
|     | Youth and staff share responsibility on program governing bodies (e.g., boards, advisory panels, standing committees, task forces).   |                      |           |          |       |              |           |              |
| Cor | mments/Evidence:  |                      |           |          |       |              |           |              |

| VI. Single-Purpose Programs |  |          | Rating     |          |     |              | Quality Action<br>Plan |              |  |
|-----------------------------|--|----------|------------|----------|-----|--------------|------------------------|--------------|--|
| bu<br>re                    | <b>Note:</b> Single-purpose programs may not find all standards applicable to their programs but are encouraged to review this document in its entirety. Many standards will be relevant to all high quality OST activities. The following standards should be followed by programs that are not designed to be comprehensive. |          |            |          |     |              |                        |              |  |
|                             |  | Planned  | In Place   | Mastered | N/A | Right<br>Now | This Year              | Next<br>Year |  |
| A.                          | Programs that are established to provi<br>period meet minimum requirements to  |          | <b>J</b> . |          | _   |              |                        | ime          |  |
|                             | Standards I.AI.H. and II.A. and II.B.  |          |            |          |     |              |                        |              |  |
| Cor                         | are met. (see pages 1-4) mments/Evidence:  |          |            |          |     |              |                        |              |  |
|                             |  |          |            |          |     |              |                        |              |  |
| _                           | Duranta and annual state for the stand   |          |            |          |     |              |                        |              |  |
| B.<br>□                     | Programs are appropriate for the stude Activities are age appropriate.   | ents enr | onea.      |          |     |              |                        |              |  |
|                             | Activities meet the learning styles and  |          |            |          |     |              |                        |              |  |
|                             | interests of the enrolled students.  |          |            |          |     |              |                        |              |  |
| Cor                         | mments/Evidence:   |          |            |          |     |              |                        |              |  |
|                             |  |          |            |          |     |              |                        |              |  |
| C.                          | C. Appropriate staff members are present at all times.   |          |            |          |     |              |                        |              |  |
|                             | At least one adult is present at all times.  |          |            |          |     |              |                        |              |  |
|                             | Staff members have specialty expertise relevant to the content/skill of the program being offered.   |          |            |          |     |              |                        |              |  |
| Cor                         | Comments/Evidence:   |          |            |          |     |              |                        |              |  |

## **Quality Action Plan**

| ☐ Right Now               | ☐ This Year         | ☐ Next Year   |
|---------------------------|---------------------|---------------|
| After-School Site Name: _ |                     |               |
| Goal:                     |                     |               |
| Current Date:             | Target Date:        | Success Date: |
| Model Standards that app  | ly:                 |               |
| •                         |                     |               |
| •                         |                     |               |
| •                         |                     |               |
| Current situation:        |                     |               |
| Desired systems           |                     |               |
| Desired outcomes:         |                     |               |
| Challenges:               |                     |               |
| •                         |                     |               |
| •                         |                     |               |
| •                         |                     |               |
| Action Steps:             | Person Responsible: | Action Dates: |
| 1.                        |                     |               |
| 2.                        |                     |               |
| 3.                        |                     |               |
| 4.                        |                     |               |